

HEALTH AND SAFETY

UPDATE

For Your Safety

Optimae is asking that **NO VISITORS** be allowed onsite, only paid staff will be allowed due to the community spread of the COVID-19 virus.



Community spread occurs when individuals have been infected with the virus in an area and cannot specifically identify the source of the infector, or do not know how or where they became infected.

Take extra measures to put distance between yourself and other people to further reduce your risk of being exposed to this new virus.



Avoid close contact

- **Put distance between yourself and other people** if COVID-19 is spreading in your community. This is especially important for people who are at higher risk of getting very sick.

Stay home as much as possible.


- **During a COVID-19 outbreak in your community, stay home** as much as possible to further reduce your risk of being exposed.



COVID 19 CORONAVIRUS DISEASE 2019 (COVID-19)

You can help prevent the spread of respiratory illnesses with these actions:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose & mouth.
- Wash hands often with soap & water for at least 20 seconds.



www.cdc.gov/COVID19

314705-A February 13, 2020 12:00 PM

The CDC COVID-19 informational graphic features a teal background. On the left, there is an illustration of hands being washed under a stream of water from a faucet. The text is in white and yellow. The CDC logo is in the bottom left corner, and the website URL is in a yellow box at the bottom right. A small version number and date are at the very bottom.

If a COVID-19 outbreak happens in your community, it could last for a long time. **(An outbreak is when a large number of people suddenly get sick.)**

Depending on how severe the outbreak is, public health officials may recommend community actions to reduce the risk of being exposed to COVID-19. These actions can slow the spread and reduce the impact of disease.

Information obtained from the CDC. Additional resources can be found at:

www.cdc.gov/COVID19