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## OPTIMAE HIRES NEW ADMINISTRATOR TO HEAD CENTRAL IOWA NURSE IN THE HOUSE

**JUNE 5, 2015 (DES MOINES, IA)** – Optimae LifeServices, Inc. announced today it has hired Kory Frederick to lead its Nurse in the House program in central Iowa.

Frederick brings with him over 30 years of experience in the healthcare field which began with service in the military medical corps. Most recently, he was the administrator for Iowa Home Care where he oversaw clinical, financial and personnel operations, ensuring clients received affordable and quality care.

Optimae recently received approval from the Iowa Department of Human Services to expand its Nurse in the House program to serve customers in Central Iowa. Frederick will manage the daily operations for the program in his role as the administrator for the central region.

Frederick earned his Bachelor of Science degree from Iowa State University and his Master's degree from the Minnesota School of Professional Psychology. He also has a Doctorate of Psychology from Argosy University in Minnesota. He is a licensed mental health counselor and registered nurse.

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### **About Optimae LifeServices**

Optimae LifeServices, Inc. provides healthcare and human services for individuals with disabilities and mental illness in 25 Southeastern and Central Iowa counties. For nearly three decades, we have equipped our customers with supports and services that encourage choice, empowerment and community integration. Our programs include community-based, behavioral health, home health and

residential care services. We advocate for the rights and needs of approximately 5,000 Iowans each year, providing the quality of care we would want for our own family.