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OPTIMAE EXPANDS SERVICES IN JOHNSON COUNTY, HOLDS RIBBON-CUTTING AT NEW LOCATION

Oct. 1, 2018 (DES MOINES, IA) – Optimae LifeServices, Inc. announced today the opening of its newest location in Johnson County, expanding services in an area it has served for a decade.

Optimae celebrated the opening Friday with a ribbon-cutting and open house at 485 Highway 1 in Iowa City. The location houses the company's community services program, which offers an array of integrated services and supports to persons with serious mental illness. A free lunch program available to Optimae customers runs three days a week. The building also includes dedicated space for the intensive psychiatric rehabilitation program, which helps customers choose where to live, learn, work and socialize while teaching them how to set attainable goals and give them the confidence to reach them.

"Our new facility allows us to serve more customers and bring additional services to Johnson County residents," said Chris Bushman, Optimae's Johnson County program director. "We are thankful to the people of Johnson County and to the Iowa City Chamber for their support."

Optimae LifeServices first provided habilitation, supported employment and home- and community-based services in Johnson County in 2008. Optimae's Johnson County program is part of the company's Old Capitol region, which also includes Iowa and Washington counties.

Optimae advocates for the rights and needs of more than 5,300 Iowans each year, helping individuals gain and regain valued roles in their communities as they achieve personal milestones related to their mental, emotional and physical health. The company now serves individuals from 39 counties in Central, Eastern and Southern Iowa.

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About Optimae LifeServices

Optimae LifeServices, Inc. provides healthcare and human services for individuals with disabilities and mental illness from 39 Central, Eastern and Southern Iowa counties. For more than three decades, we have equipped our customers with supports and services that encourage choice, empowerment and community integration. Our programs include community-based, behavioral health, home health, rehabilitation and residential care services. We advocate for the rights and needs of more than 5,300 Iowans each year, providing the quality of care we would want for our own family.