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## OPTIMAE NAMES WILCOX ADMINISTRATOR OF SOUTHEASTERN IOWA HOME HEALTH PROGRAM

**June 5, 2018 (DES MOINES, IA)** – Optimae LifeServices, Inc. announced today it has hired Amanda Wilcox to lead its home health program in Southeastern Iowa.

Wilcox brings nearly 20 years of experience as a registered nurse and nearly 10 years of experience in home health care to her position. Prior to joining Optimae Home Health in 2017 as its Southeastern Iowa regional director, Wilcox held various roles, including clinical supervisor, clinical director and quality assurance specialist. She has served Optimae since 2016.

As the Optimae Home Health Services administrator in Southeastern Iowa, Wilcox plans, develops and directs the unit's programs, services and activities. These include home health care services that allow customers to live in their home while receiving medical care. The program offers skilled nursing, home health aides and a medical social worker, as well as physical, occupational and speech therapy. Optimae has provided home health services in Southeastern Iowa since 2006.

Wilcox earned associate degrees with an advanced degree in nursing from Indian Hills Community College.

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### **About Optimae LifeServices**

Optimae LifeServices, Inc. provides health care and human services for individuals with disabilities and mental illness from 39 Eastern, Southern and Central Iowa counties. For more than three decades, we have equipped our customers with supports and services that encourage choice, empowerment and

community integration. Our programs include community-based, behavioral health, home health and residential care services. We advocate for the rights and needs of more than 5,300 Iowans each year, providing the quality of care we would want for our own family.