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## OPTIMAE HELPS RAISE MORE THAN \$30,000 FOR IOWA NAMI ORGANIZATIONS

**OCTOBER 27, 2017 (DES MOINES, IA)** – Optimae LifeServices is pleased to announce it helped raise more than \$30,000 for the National Alliance on Mental Illness Greater Des Moines with its support of the organization's second annual Benefit Golf Tournament.

More than 110 golfers participated in the September event, which also included a dinner and awards banquet. The turnout more than doubled from the previous inaugural year for the tournament. NAMI Greater Des Moines will use the money raised to fund mental health education, support, wellness and advocacy programs, which are offered at no cost to participants.

Optimae also raised nearly \$1,000 for the statewide NAMI organization Sept. 30 during its annual walk. Optimae had the second largest team with 64 participants and its Chief Operating Officer Sheryl Gill also donated lunch for all walkers.

"Both of these events are critical for raising money that goes to fund mental health initiatives in Iowa, providing hundreds of individual with supports they would not otherwise receive," said William Dodds, Optimae President and Chief Executive Officer. "NAMI's programs compliments our services and the customers we help integrate into the community on a daily basis."

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## About Optimae LifeServices

Optimae LifeServices, Inc. provides healthcare and human services for individuals with disabilities and mental illness from 36 counties Southeastern and Central Iowa counties. For nearly three decades, we

have equipped our customers with supports and services that encourage choice, empowerment and community integration. Our programs include community-based, behavioral health, home health and residential care services. We advocate for the rights and needs of approximately 5,100 lowans each year, providing the quality of care we would want for our own family.