

Contact Sheena Poorman Telephone (515)283-1230 Ext. 346 Cell (563)449-6246 Email spoorman@optimaelifeservices.com Website www.optimaelifeservices.com FOR IMMEDIATE RELEASE June 16, 2016

OPTIMAE ANNOUNCES NEW HIRES AT HOME HEALTH DIVISION

JUNE 16, 2016 (DES MOINES, IA) – Optimae LifeServices announced today staffing changes at its home health division in Southeastern Iowa.

Optimae Home Health Services is pleased to announce Samantha Woline will help oversee the program as its new regional director for the Southern Prairie Region. She is joined by Heather Elammari, who serves as the program's clinical supervisor, and Quality Assurance Specialist Amanda Wilcox.

The program also hired five new nurses that will serve customers in four counties in Southeastern Iowa. Kristen Sertah will cover Jefferson and Wapello counties, while Carla Herteen will serve customers in Wapello County. Erica Johnson will see customers in Davis and Van Buren counties and Kamron Pipes will cover Davis County. Destiny Hellyer will serve customers in Jefferson County.

"These are wonderful additions to our team and will allow us to move forward in a positive way and provide customers with the best care possible," said Nadine Countryman, Optimae Home Health Services administrator.

Optimae Home Health has served customers in Southeastern Iowa for more than a decade. It currently employees seven nurses that serve approximately 130 customers in four counties. The program provides health care services that allow customers to continue living in their home while receiving medical care.

###

About Optimae LifeServices

Optimae LifeServices, Inc. provides healthcare and human services for individuals with disabilities and mental illness from 37 Southeastern and Central Iowa counties. For nearly three decades, we have equipped our customers with supports and services that encourage choice, empowerment and community integration. Our programs include community-based, behavioral health, home health and residential care services. We advocate for the rights and needs of more than 3,900 Iowans each year, providing the quality of care we would want for our own family.