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FOR IMMEDIATE RELEASE  
April 1, 2016

## OPTIMAE LIFESERVICES CONTRACTS WITH MANAGED CARE ORGANIZATIONS

**APRIL 1, 2016 (DES MOINES, IA)** – Optimae LifeServices joined Medicaid providers across Iowa today in ushering in the transition to the state’s new managed care program, under which three private health care companies will administer Medicaid benefits to 560,000 Iowans.

Optimae leaders have spent nearly a year preparing for the state’s move to partially privatize the previously state-run \$5 billion a year program. The company provides community-based support, home health, behavioral health and residential services to approximately 3,100 customers in Central and Southeastern Iowa. A majority of them receive Medicaid benefits.

Optimae has contracted with all three managed care organizations – Amerigroup, AmeriHealth Caritas and United Healthcare – allowing its customers better access to the provider of their choice. It will work closely with the three companies and the state throughout the transition to make it as smooth as possible.

“While we expect some hiccups along the way, we believe that through months of strategic planning we have positioned Optimae to successfully handle the transition,” said William Dodds, President of Optimae LifeServices. “This will not be without challenges, but we believe we have the resources and expertise to move our organization forward in a positive way and handle issues as they arise.”

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### **About Optimae LifeServices**

Optimae LifeServices, Inc. provides healthcare and human services for individuals with disabilities and mental illness in 28 Southeastern and Central Iowa counties. For nearly three decades, we have

equipped our customers with supports and services that encourage choice, empowerment and community integration. Our programs include community-based, behavioral health, home health and residential care services. We advocate for the rights and needs of approximately 3,100 Iowans each year, providing the quality of care we would want for our own family.