

Contact Sheena Poorman
Telephone (515)283-1230 Ext. 346

Cell (63)449-6246

Email spoorman@optimaelifeservices.com
Website www.optimaelifeservices.com

FOR IMMEDIATE RELEASE April 20, 2016

## OPTIMAE EXPANDS SERVICES INTO MARION COUNTY

**APRIL 20, 2016 (DES MOINES, IA)** – Optimae LifeServices today announced its expansion into Marion County where it will offer community-based, behavioral health and home health services.

Optimae celebrated the announcement Wednesday with an open house and ribbon-cutting at its new office at 206 East Robinson in Knoxville. The company now serves 28 counties in Central and Southeastern Iowa, with more than 3,100 individuals with mental illness and disabilities served each year.

Community-based services provide customers with basic living skills and residential support services, while Optimae's home health services allow individuals to live at home while receiving medical care. The company also offers individual, family and group therapy through its behavioral health services.

"Our entry into Marion County allows Optimae to expand its footprint and improves access to quality services for individuals with mental illnesses and disabilities in that area," said William Dodds, President of Optimae LifeServices. "We look forward to being a part of the local community and improving the lives of its residents."

###

## **About Optimae LifeServices**

Optimae LifeServices, Inc. provides healthcare and human services for individuals with disabilities and mental illness in 28 Southeastern and Central Iowa counties. For nearly three decades, we have equipped our customers with supports and services that encourage choice, empowerment and

community integration. Our programs include community-based, behavioral health, home health and residential care services. We advocate for the rights and needs of more than 3,100 lowans each year, providing the quality of care we would want for our own family.